Unique Plan Description: OBG Postpartum Vaginal
Plan Selection Display: OBG Postpartum Vaginal

Legend		
Green Highlight	=	Addition
Red Highlight	=	Deletion

PlanType: Medical
Version: 46
Begin Effective Date:
End Effective Date: Current
Available at: ***EMMC***
MERCY HOSPITAL
NL MAINE COAST HOSPITAL
TAMC - THE AROO
Plan Comment: PRJTASK0537357_order updates@KG
Do not delete below this line ----------Notify Programming to update the St John Sepsis / SIRS suppression rule if this PowerPlan is renamed

OBG Postpartum Vaginal
Admit/Dischg/Transfer
- ☐ Admission Order (DX)
  IP-meets med nec & ELOS of at least 2 MN, Patient Placement OB/GYN
- ☑ Transfer Level of Care
- ☐ Transfer Review Complete
- ☐ Change Attending
- ☐ Discharge (DX)

Code Status
- ☐ Code Status and Treatment Restrictions
  Code Status: Full Resuscitation

Vital Signs
- ☑ Vital Signs (Frequent)
  Every 15 minutes x 1 hour; Every hour x 2; Every 4 hours for 24 hours; then Every 12 hours
- ☐ Vital Signs
  Every 12 Hours
  Every 4 Hours, while awake

Activity
- ☑ Activity
  Up ad lib

Diet
- ☑ Diet
  Regular Diet (DEF)*
  Clear Liquid Diet
  Diabetes Diet

Patient Care
- ☐ OBG JPP(SUB)*
- ☐ JPP Med-Surg Adult(SUB)*
- ☐ JPP Respiratory Therapy Adult(SUB)*
- ☐ JPP Hypoglycemia Adult(SUB)*
- ☐ JPP Nutrition Services(SUB)*
- ☑ Cath - Straight
  ONCE, PRN Urine Retention, Cath once if bladder distended and patient unable to void.
- ☑ Heat Application
  PRN Discomfort, (hot pack) Not to be used on perineum; If option to set temperature, set at 100 degrees F and set cycle for 20 minute intervals.
- ☑ Sitz Bath
  PRN, PRN, Discomfort, For perineal discomfort
- ☑ Saline Lock
  Discontinue IV when tolerating PO fluids and not needed for medications.
- ☑ Education

Tobacco Cessation Teaching, Nursing to provide smoking cessation info if patient has smoked within the last year.

☑ Perinatal Mood Disorder Screening
ONCE

Quality Measures

☑ Perinatal Care Quality Measures

Medications

Postpartum Hemorrhage

☐ OBG Postpartum Hemorrhage(SUB)*

Immunizations

☑ measles/mumps/rubella virus vaccine
0.5 mL, Inj, SUBCUTANEOUS, Vaccine, 1 Doses/Times, Billable
Comments: Give if Rubella non-immune or equivocal status. Nursing to document if not indicated.

☑ tetanus/diphth/pertuss (Tdap) adult/adol
0.5 mL, Susp, IM, Vaccine, 1 Doses/Times, Billable
Comments: Administer in deltoid prior to discharge, if never received previously.

Analgesics

☐ OBG Pain Management(SUB)*

Other

☐ benzocaine topical
1 APP, Ointment, TOPICAL, Apply to Perineum, Six Times Daily, PRN, Other(comment), Perineal Discomfort

☐ Nupercainal 1% topical ointment
1 APP, Ointment, TOPICAL, Apply to Perineum, Six Times Daily, PRN, Perineal Discomfort

☑ hydrocortisone 2.5% topical cream
1 APP, Cream, TOPICAL, Apply to Perianal, Three Times Daily, PRN, Rectal/Hemorrhoidal Discomfort

☑ Tucks
1 APP, Pad, TOPICAL, Six Times Daily, PRN, Perineal Discomfort

☑ **+2 Days** Dulcolax Laxative
10 mg, Supp, RECTAL, ONCE, PRN, Constipation
Comments: Give bisacodyl suppository on 2nd postpartum day for persistent constipation

☑ Colace
100 mg, Cap, PO, Bedtime

☑ Senokot
8.6 mg, Tab, PO, Bedtime, PRN, Constipation

☐ Ambien
5 mg, Tab, PO, Bedtime, PRN, Insomnia

☑ Tums
1 gm, Chew tab, PO, Every 4 Hours, PRN, Indigestion
Comments: Start with Tums and if ineffective may give Maalox

☑ Mag-al Plus 200 mg-200 mg-20 mg/5 mL oral suspension
30 mL, Susp, PO, Every 4 Hours, PRN, Indigestion
Comments: Start with Tums and if ineffective may give Maalox

☑ Prenatal Multivitamins
1 TAB, Tab, PO, Daily

Laboratory

☑ RHIG Evaluation

☐ CBC with Differential
BLOOD, AM Tomorrow, Start: T+1;0545

Consults

Select lactation consult order for breastfeeding mother(NOTE)*

☐ INP Lactation Consult
Includes post-discharge lactation consult

☑ Provider Communication
Post-discharge Lactation Consult PRN

Non Categorized

☑ VTE Prophylaxis Advisor
Pregnancy or Postpartum

☑ Provider Communication
Nurse may Initiate Planned PowerPlan upon patient arrival

Providers must exercise independent clinical judgment when using order sets.(NOTE)*

***Report Legend:**
DEF - This order sentence is the default for the selected order
GOAL - This component is a goal
IND - This component is an indicator
INT - This component is an intervention
IVS - This component is an IV Set
NOTE - This component is a note
Rx - This component is a prescription
SUB - This component is a subphase