Unique Plan Description: JPP Med-Surg Adult
Plan Selection Display: JPP Med-Surg Adult
PlanType: Medical
Version: 54
Begin Effective Date:
End Effective Date: Current
Available at: ***BHMH***
C A DEAN HOSPIT
EMMC
MERCY HOSPITAL
NL MAINE COAST HOSPITAL
SVH
TAMC - THE AROO
Plan Comment: PRJ0525870, PRJTASK0561148 - SL NTG added - DV

JPP Med-Surg Adult
Patient Care

For patients age 18 or greater(NOTE)*

☐ Vital Signs
Every 8 Hours, If patient is afebrile and BP, HR, and RR are within 10% of base line for past 24-hours.
Comments: Exclusions: Critical Care patients

☐ Ocean 0.65% nasal spray
1 Sprays, Soln, NASAL, Four Times Daily, PRN, Dry Nose, 72 hr
Comments: Exclusions: Facial trauma or facial fractures within past 3 months

☐ Artificial Tears ophthalmic solution
1 drops, Soln, BOTH EYES, Every 4 Hours, PRN, Dry Eyes, 72 hr
Comments: Exclusions: Eye Surgery within the last 3 months

☐ Mouth Care
Every 2 hr mouth care with teeth brushing every 12 hr
Comments: Ventilated patient (PRN or nocturnal) with tracheostomy

☐ Heat Application
PRN, PRN Other(comment), Per patient request, Apply on and off in 30 minute intervals
Comments: Exclusions: Confusion/dementia Decreased sensation to requested area.

☐ May Shower
Start: T;N
Comments: Exclusions: Fall Risk (syncope, arrhythmias, deconditioned, oxygen or BiPAP use, tachycardia, tachypnea, hypotensive)

☐ Provider Communication (EMMC)
Patient may be evaluated and treated by certified foot care nurse.

Chest Pain:(NOTE)*

☐ CV ECG
Priority Stat, Reason Chest Pain, ONCE (DEF)*
Priority Stat, Reason Other (Enter in Special Instructions), Telemetry Changes, ONCE

☐ nitroglycerin
0.4 mg, Tab, SL, Every 5 Minute Interval, PRN, Chest Pain, HOLD for SBP less than 90 mmHg, 3 Doses/Times
Comments: Exclusions: Cardiothoracic surgery patients and patients who have taken sildenafil (Viagra) or vardenafil (Levitra) in the last 24 hours or tadalafil (Cialis) in the last 48 hours. For non excluded patients, Notify provider at first dose of nitroglycerin and order ECG.

Heartburn:(NOTE)*
Start with calcium carbonate, if ineffective after 2 consecutive doses may give aluminum hydroxide 30 minutes after last calcium carbonate dose(NOTE)*

☐ Tums
500 mg, Chew tab, PO, Every 4 Hours, PRN, Heartburn, 72 hr
Comments: Start with calcium carbonate, if ineffective after 2 consecutive doses may give aluminum hydroxide 30 minutes after last calcium carbonate dose. Exclusions: Diagnosis of renal failure Creatinine Clearance less than 30 mL/min NPO

☐ Mag-al Plus 200 mg-200 mg-20 mg/5 mL oral suspension
30 mL, Susp, PO, Every 4 Hours, PRN, Heartburn, 72 hr

Comments: Start with calcium carbonate, if ineffective after 2 consecutive doses may give aluminum hydroxide 30 minutes after last calcium carbonate dose. Exclusions: Diagnosis of renal failure Creatinine Clearance less than 30 mL/min NPO

Nausea and/or Vomiting:(NOTE)*

☐ Sea Band Acupressure Wristband

Daily, PRN, Nausea

Comments: To P6 point on wrist. May be used any time for any age for nausea and vomiting. May be used alone, in combination, or in addition to medication therapy.

☐ Zofran ODT

4 mg, Disintegrating Tablet, PO, ONCE, Indication: Nausea Indication: Emesis(Vomiting)

Comments: If tolerating PO Exclusions: Post-operative for patient's current admission DO NOT attempt to push ODT tablets through foil backing. With dry hands, peel back the foil of 1 blister and remove the tablet. Place tablet on the tongue; it will dissolve in seconds. Once dissolved, the patient may swallow with saliva. Administration with liquid is not necessary. Wash hands after administration.

☐ Zofran

4 mg, Soln, IV Push, ONCE, Indication: Emesis(Vomiting) Indication: Nausea

Comments: If NPO or not tolerating PO Exclusions: Post-operative for patient's current admission

Hard Stools:(NOTE)*

☐ Colace

100 mg, Cap, PO, Twice Daily, Indication: Hard Stools, 72 hr

Comments: For Hard Stools Exclusions: Rectal and/or Bowel surgery within the last 3 months Absent bowel sounds

Constipation:(NOTE)*

☐ MiraLax

17 gm, Powder, PO, Daily, PRN, Constipation, 72 hr

Comments: If tolerating PO Exclusions: Bowel or prostate surgery within the last 3 months

☐ Dulcolax Laxative

10 mg, Supp, RECTAL, Daily, PRN, Constipation, 72 hr

Comments: If NPO or not tolerating PO. Exclusions: Bowel or prostate surgery within the last 3 months Absolute Neutrophil Count of less than 1,000 Platelet count of 50,000 or less

Pain:(NOTE)*

☐ Tylenol

650 mg, Tablet, PO, Every 4 Hours, PRN, Pain-Mild (Pain Score: 1 - 3), 72 hr

Comments: If tolerating PO Exclusions: NPO status; Abnormal liver enzymes (Total Bilirubin greater than 2 mg/dL, Alkaline Phosphatase greater than 130 units/mL, Alanine Aminotransferase greater than 41 units/mL)

If NPO or not tolerating PO/enteral:(NOTE)*

☐ Tylenol

650 mg, Supp, RECTAL, Every 4 Hours, PRN, Pain-Mild (Pain Score: 1 - 3), 72 hr

Comments: If NPO or not tolerating PO/enteral Exclusions: Patient tolerating PO Abnormal liver enzymes (Total Bilirubin greater than 2 mg/dL, Alkaline Phosphatase greater than 130 units/mL, Alanine Aminotransferase greater than 41 units/mL); Absolute Neutrophil Count of less than 1000; Platelet count of less than or equal to 50,000; Bowel surgery within the last 3 months

If tolerating enteral:(NOTE)*

☐ Tylenol

650 mg, Tablet, NG-TUBE, Every 4 Hours, PRN, Pain-Mild (Pain Score: 1 - 3), 72 hr

Comments: If tolerating enteral Exclusions: NPO status; Abnormal liver enzymes (Total Bilirubin greater than 2 mg/dL, Alkaline Phosphatase greater than 130 units/mL, Alanine Aminotransferase greater than 41 units/mL) Crush and administer via NG-TUBE

Sore Throat:(NOTE)*

☐ Sore Throat Lozenge

1 LOZENGE, Loz, PO, Every 2 Hours, PRN, Sore Throat, 72 hr

Comments: Exclusions: Patients who have received chemotherapy within the last 14 days or if NPO benzocaine-menthol lozenge

Fungal/Skin Irritation:(NOTE)*

☐ miconazole 2% topical powder

1 APP, Powder, TOPICAL, Twice Daily, 7 Days

Comments: Apply to affected areas (Do not apply to feet or open areas) Exclusions: Signs of infection, Absolute Neutrophil Count less than 1,000

☐ Calmoseptine 0.44%-20.6% topical ointment
1 APP, Ointment, TOPICAL, Twice Daily
Comments: Apply to affected area until healed. Indication: Skin irritation

☐ nystatin
500,000 Units, Susp, PO, Four Times Daily, 5 Days, Swish and spit (DEF)*
Comments: Concentration: 100,000 Units = 1 mL Exclusions: Absolute Neutrophil Count less than 1000
500,000 Units, Susp, PO, Four Times Daily, 5 Days, Swish and swallow
Comments: Concentration: 100,000 Units = 1 mL Exclusions: Absolute Neutrophil Count less than 1000; NPO status

IV Therapy - Peripheral:(NOTE)*

☐ lidocaine 1% injectable solution
0.1 mL, Soln, INTRADERMAL, ONCE
Comments: For peripheral IV placement Administering 0.1 mL would deliver 1 mg lidocaine

IV Therapy - Central:(NOTE)*

For thrombotic catheter clearance in non-tunneled lines, including: - PICC (single and double lumen) - Triple lumen (distal, medial, and proximal ports) - Swan Ganz (distal, proximal, and auxiliary lumens)(NOTE)*

☐ Cathflo Activase
2 mg, Soln, CATHETER CLEARANCE, Every 30 Minute Interval, PRN, Catheter Clearance, 7 Days
Comments: For thrombotic catheter clearance Dwell time of two hours minimum Dispense in a 10 mL Luer-lock syringe

☐ alteplase for cath clearance
1 mg, Soln, CATHETER CLEARANCE, Every 30 Minute Interval, PRN, Catheter Clearance, 7 Days
Comments: For thrombotic catheter clearance. Dwell time of 30 minutes minimum, up to 2 hours. May instill a second dose if patency not restored after 2 hours.

For thrombotic catheter clearance in an introducer, tunneled catheter, and/or ports. Examples: - All large bore introducers - Hickman catheter and dialysis tunneled catheters - Regular and high flow ports(NOTE)*

☐ Cathflo Activase
2 mg, Soln, CATHETER CLEARANCE, Every 30 Minute Interval, PRN, Catheter Clearance, 7 Days
Comments: For thrombotic catheter clearance Dwell time of two hours minimum Dispense in a 10 mL Luer-lock syringe

☐ alteplase for cath clearance
2 mg, Soln, CATHETER CLEARANCE, Every 30 Minute Interval, PRN, Catheter Clearance, 7 Days
Comments: For thrombotic catheter clearance. Dwell time of 30 minutes minimum, up to 2 hours. May instill a second dose if patency not restored after 2 hours.

Wound Consult:(NOTE)*

☐ INP Ostomy-Wound Consult
Non-surgical wound, i.e. new skin breakdown, Stage 3 or 4 pressure ulcer, fistula, chronic wound.
Comments: Exclusions: Surgical wound, vascular or plastic surgery patient current admission

Pharmacy Consult:(NOTE)*

☐ Pharmacy Consult - Enteral to Enteral Route Adjustment
ONCE, Comment: Patient unable to tolerate current form of medication(s).

Respiratory:(NOTE)*

☐ Incentive Spirometry
Every 1 Hour Interval, While awake

Sleep:(NOTE)*

☐ melatonin
3 mg, Tab, PO, Bedtime, PRN, Sleep
Comments: Exclusions: NPO status; Other sleeping aids, opiates, muscle relaxants; Decompensated COPD; Morbid obesity requiring CPAP

Non Categorized

☑ Provider Communication
Nursing may administer a lesser potent medication or dose at patient request if an order for PRN pain medication(s) and/or if more than one medication or dose is ordered.
Comments: MUST include "per patient preference" as a comment when documenting administration of lesser potent medication. Example: if 2 or more PRN agents are ordered to treat mild, moderate, and severe pain levels.

☑ Subphase (DO NOT COMPLETE)
Providers must exercise independent clinical judgment when using order sets.(NOTE)*

***Report Legend:**
DEF - This order sentence is the default for the selected order
GOAL - This component is a goal
IND - This component is an indicator
INT - This component is an intervention
IVS - This component is an IV Set
NOTE - This component is a note
Rx - This component is a prescription
SUB - This component is a subphase