



BH Intake Assessment Adult: PROMIS Depression Scale

WHEN: Tuesday, December 17, 2024

WHERE: The change will affect the following venue:

- Inpatient

At the following NLH Member Organization:

- NL Acadia Hospital

WHO: The change will affect the following staff at the above noted locations:

- Inpatient Nursing

WHAT: The **PROMIS Depression Adult Short Form** will replace the Depression Screening (PHQ-9) within the **BH Intake Assessment Adult** PowerForm.

WHY: The change from PHQ-9 to the PROMIS Depression Adult Short Form will provide quantitative data for documenting clinical values to enhance quality clinical outcomes for patients.

HOW: Complete the form within the **BH Intake Assessment Adult**.

Depression - Adult - Short Form

In the PAST 7 DAYS.

<p>I felt worthless</p> <input type="radio"/> Never <input type="radio"/> Rarely <input type="radio"/> Sometimes <input type="radio"/> Often <input type="radio"/> Always	<p>I felt that I had nothing to look forward to</p> <input type="radio"/> Never <input type="radio"/> Rarely <input type="radio"/> Sometimes <input type="radio"/> Often <input type="radio"/> Always	<p>I felt helpless</p> <input type="radio"/> Never <input type="radio"/> Rarely <input type="radio"/> Sometimes <input type="radio"/> Often <input type="radio"/> Always	<p>I felt sad</p> <input type="radio"/> Never <input type="radio"/> Rarely <input type="radio"/> Sometimes <input type="radio"/> Often <input type="radio"/> Always
<p>I felt like a failure</p> <input type="radio"/> Never <input type="radio"/> Rarely <input type="radio"/> Sometimes <input type="radio"/> Often <input type="radio"/> Always	<p>I felt depressed</p> <input type="radio"/> Never <input type="radio"/> Rarely <input type="radio"/> Sometimes <input type="radio"/> Often <input type="radio"/> Always	<p>I felt unhappy</p> <input type="radio"/> Never <input type="radio"/> Rarely <input type="radio"/> Sometimes <input type="radio"/> Often <input type="radio"/> Always	<p>I felt hopeless</p> <input type="radio"/> Never <input type="radio"/> Rarely <input type="radio"/> Sometimes <input type="radio"/> Often <input type="radio"/> Always

Total Raw Score

T-Score

The T-scores are interpreted as follows:
 Less than 55 = None to slight
 55.0-59.9 = Mild
 60.0-69.9 = Moderate
 70 and over = Severe

If not all but more than 75% of the questions have been answered, calculate the Prorated Raw Score.

Prorated Total Raw Score (Manual Calculation Required) (ref)

Multiply the Raw Score by 8 and divide by the number of items that were actually answered. Round to the nearest whole number. Use reference text to find the T-Score.

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