



Information Required for a Stroke Consult

This guide ensures that you have the information needed to provide the best decision support for emergency stroke patients (code strokes). Each call is initiated via the Northern Light EMMC Transfer Center (207-973-9000).

Important: after hours (4 pm-8am) on weekdays, weekends (Friday 4 pm - Monday 8 am), and on contracted holidays (New Years, Memorial Day, the Fourth of July, Labor Day, Thanksgiving, and Christmas) stroke coverage is provided by Massachusetts General Hospital. All other times coverage is provided by Northern Light Eastern Maine Medical Center (EMMC). Please push CT images to the appropriate PACS system based on the time of your request.

1. The information below is needed to request a consult with the Northern Light EMMC Transfer Center:

- Your call back number/Hospital you are calling from:
- Patient first and last name (correct spelling):
- Patient DOB:
- Last known well (date and time):
- Arrival time to ED:

Stroke emergency calls begin with a phone call connection between you and the neurologist. On that phone call the decision regarding whether to proceed to telestroke is made.

2. You will need to provide the following information to the neurologist once the phone call connection has been made:

- S- Pt name, DOB, age, sex, last known well, arrival time to the ED, individual who noticed symptoms
- B- Past medical history, family history, current antithrombotic meds
- A- Recent set of vital signs, lab work:INR, PT, PTT, Urine HCG (if applicable), NIH stroke scale, exclusion criteria, CT results
- R- Most appropriate working diagnosis

3. If your telestroke consultation is provided by Mass. General and it is determined that your patient requires transfer to Northern Light EMMC, please have the following information ready for the Transfer Center:

- The name of the neurologist with whom you spoke
- Patient Dx.
- TPA recommendation (yes/no)
- Endovascular recommendation (yes/no)