

# SUGGESTION

## FOR TELEMEDICINE OPPORTUNITIES

**What types of visits will be great for telemedicine? Here are some suggestions:**

Upper Respiratory infection triage:

- Is it a cold, flu, allergy or should we worry about COVID-19?

Follow Up Visits:

- Any patient recently seen, that needs follow-up, includes:
  - recent test results
  - follow-up of medication changes
  - review of treatment for an acute problem, like ER follow-up

Medication Management:

- Almost all psych visits, especially to manage anti-depressants
- BP management, esp. if patient has a home machine
- INRs if patient has a home machine and dose needs to be changed or analyzed as to why it is off target

Chronic Disease Management:

- CHF
- Diabetes management
- Lifestyle Coaching
- Smoking cessation
- Treatment of drug/alcohol problems
- Weight management

Chronic Care Management (CCM):

- Keep track of minutes and bill monthly for frequent-contact management patients

### New Parenting Questions:

- Can tell a lot about a child/baby by just looking at video such as activity, hydration, color, r/o distress
- Fussy baby, or baby that won't sleep at night, feeding concerns
- Diaper or any other rash
- URI/fever/ vomiting and diarrhea- triage for home treatment vs need to come in

### Office Orthopedics:

- Back pain
  - Patient can demo walking and moving. You can walk them through sensory exam and straight leg raising over video.
- Tendinitis
  - Go through range of motion and localization of pain.

### Office urology/gyn:

- Simple cystitis
- Viagra/ED visit
- Contraceptive counseling

### Other Video Visit Appointment Opportunities:

- Minor urgent care such as triage of cuts and scrapes.
- Wound care follow-up
- Rashes and other skin problems
- Tick bites or Lyme disease